

# TEMPERANCE

Temperance: noun. moderation or self-restraint (without withdrawal) in action; habitual moderation in indulging natural appetites or passions.

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# GALATIANS 5:19–21

He was in the world, and the world was made through him, yet the world did not know him. He came to his own, and his own people did not receive him. Now the works of the flesh are obvious: sexual immorality, moral impurity, promiscuity, idolatry, sorcery, hatreds, strife, jealousy, outbursts of anger, selfish ambitions, dissensions, factions, envy, drunkenness, carousing, and anything similar.

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WHAT IS THE PROBLEM WITH THE FLESH'S APPETITES?

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# GALATIANS 5:19–21

I am warning you about these things—as I warned you before—that those who practice such things will not inherit the kingdom of God.

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WHAT IS THE PROBLEM WITH THE FLESH'S APPETITES?

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# CATEGORIES OF IMMORALITY

- sexual sins: sexual immorality, moral impurity, promiscuity
- loyalty sins: idolatry, sorcery
- interpersonal sins: hatred, strife, jealousy, outbursts of anger, selfish ambitions
- social sins: dissensions, factions
- sins of indulgence: envy, drunkenness, carousing

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WHAT IS THE PROBLEM WITH THE FLESH'S APPETITES?

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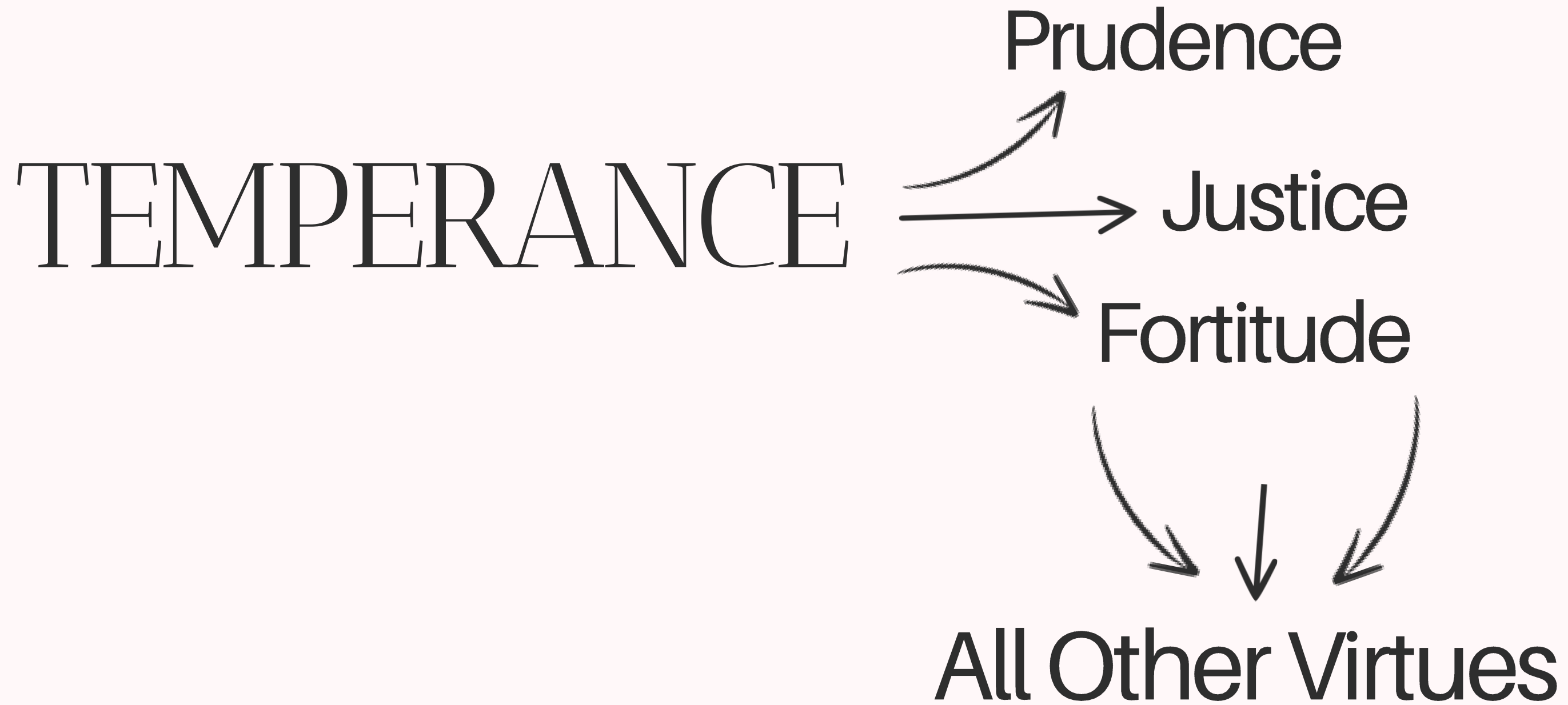
# GALATIANS 5:22–24

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. The law is not against such things. Now those who belong to Christ Jesus have crucified the flesh with its passions and desires.

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WHAT HAPPENS WHEN THE APPETITES ARE TEMPERED?

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WHAT ARE THE CARDINAL VIRTUES?

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# GALATIANS 5:24

Now those who belong to Christ Jesus  
have crucified the flesh with its  
passions and desires.

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HOW DO YOU CRUCIFY THE FLESH?

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# ROMANS 8:12–13

So then, brothers and sisters, we are not obligated to the flesh to live according to the flesh, because if you live according to the flesh, you are going to die. But if by the Spirit you put to death the deeds of the body, you will live.

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HOW DO YOU CRUCIFY THE FLESH?

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