What is Lent?

How long is Lent, and what is it?
What was Jesus preparing for in the wilderness?
How is Lent like Christ's fast in the wilderness?
How is Lent patterned on the wilderness?
How did the early church practice baptism?
What does lent prepare us for?
How is the number 40 used in the Bible, and why is it lent 40 days?
How do we practice Lent?
What do we put on and put off during Lent?
What types of things should be given up during Lent?
What types of things should we give during Lent?